

# SEPTEMBER SPEAKER EVENT



*The Association of Administrative Professionals (AAP),  
Moncton Branch welcomes:*

**Paulette Robichaud**  
**Project Specialist**  
**Medavie Blue Cross**

**WEDNESDAY, SEPTEMBER 19**  
**Getting My Life Back**

Have you reached a point in your life where you see signs of having gone too far, taken on too much? Work-Life balance is never easy, especially in today's fast-paced life. Learn tips on how to find your way back, the "tools" to use; Self Care what does that look like; Living the life you choose, but maintaining a work-life balance.

## ABOUT THE SPEAKER

Paulette Robichaud is employed as a Project Specialist at Medavie Blue Cross. She has held numerous management positions and has been asked to be part of notable corporate initiatives that allowed her to use her leadership skills to ensure successful outcomes. She runs her own home decorating and staging business. Life is about choices; Paulette chooses joy, being authentic and she knows the obstacles in getting where you want to be are in our own minds.

## LOCATION

Medavie Blue Cross  
12 Millennium Blvd., 3<sup>rd</sup> Floor, Moncton

**5:30 p.m. Networking**  
**6:00 p.m. Dinner**  
**7:00 p.m. Guest Speaker**  
**8:00 p.m. Close**

## RSVP

Pre-registration is required through the Association's Moncton Branch  
[Eventbrite site](#)

**Cancellation Policy:** Attendees will receive a full refund if notified 48 hours in advance of the event. All other cancellations (if not cancelled 48 hours in advance) shall be subject to a \$15 non-refundable administration fee.

**A MUST  
ATTEND  
EVENT!**

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*"No matter how busy  
you are, or how busy  
you think you are,  
the work will always  
be there tomorrow,  
but your family and  
friends might not be."  
(Anonymous)*

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## **PRICING:**

### Dinner Meeting:

**Members: \$25.00**  
**Non-Members: \$30.00**

### Meeting Only:

**Members: \$10.00**  
**Non-Members: \$15.00**